



**SARVAH KHEMA HOSPITAL
& RESERCH FOUNDATION**

YOGA BANA

DIVINE PARK TRUST (REGD.)

SALIGRAMA - 576225

UDUPI DISTRICT, KARNATAKA, SOUTH INDIA

www.divinepark.org

Phone: 0820-2565406

Email: divinepark@yahoo.com



**SHRF
YOGA BANA**

A Unit Of

DIVINE PARK TRUST (Regd.)

SALIGRAMA - 576225

UDUPI DISTRICT, KARNATAKA, SOUTH INDIA



Advanced Centre
For **Yoga**
Rehabilitation
And **Research**





**DIVINE PARK-
DIVINE SPARK**



Introduction

Site allocated for the proposed Yoga Bana, SHRF measures around 11.5 acres in area. Physiologically, the site is in two parts a linear heavily wooded front area followed by a broader pocket which is predominantly open, with few trees.

The access to the site is from the Western side, which slopes towards the East and about 8m in elevation, in an average gradient of 1:50.

Master Planning

The master planning of this project derives inspiration from two major aspects; one being the surrounding **nature** of the location and the other being the **culture**. While the 'NATURE' comprises groves, vegetation, gentle sloping terrain with water features and the fields around, the 'CULTURE' is in the beliefs, faith and the way of life in Divine Park, the unique spiritual laboratory of Sri Guruji – Swami Vivekananda.

The main entrance at the western side shall have a bell mouthed entrance with a drop-off space and interim parking with an integrated signage and sculpture made of the site rocks.



With the common man's uplift in view, Divine Park is making strides in the area of spirituality. Construction of 'SHRF' is a crown jewel in the garland of its achievements.

Divine Park banks on your generosity to make this project a resounding success.

So, your contribution however small may be sent to the following address:

| | |
|-----------------|--------------------------------|
| ACCOUNT NAME: | SHRF |
| BANK NAME: | KARNATAKA BANK LTD |
| BRANCH: | CHITRAPADY, SALIGRAMA – 576225 |
| ACCOUNT NUMBER: | 1372000100010501 |
| IFSC: | KARB0000137 |

Note: You will have 80G benefit of Income Tax for your contribution as such.

“Weal and welfare through AthmashaktiJagrathi”



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VIVEKA PRAKASHANA, SALIGRAMA – 576225
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All the existing trees in the site shall be retained to maintain the verdant look of the site and this area is proposed as an 'EXPERIENCE PATHWAY' for the visitors to enjoy the natural ambience before entering into the SHRF campus. There is a separate driveway worked out on the southern part of this area for parking as well as service vehicles circulation

The Built Form & The Symbolism

The built form of this project has been arrived at, after careful study of the various requirements as well as the activity pattern and the circulation, based on an introvert composition which resembles and symbolizes 'LOTUS', which is always a form considered very sacred in all Religions. Also it is well known that the lotus gets its geometric form by the multiple overlapping of squares as seen in the vasthupurusha mandala & temple architecture. Most importantly, this introvert form relates to the teachings of Swami Vivekananda about the 'SELF', 'LOOKING WITHIN' and 'BELIEVE IN YOURSELF', as well as the famous saying in the meditation – 'MANY TO ONE; ONE TO NONE'.

Siting

The centre of the complex is a lotus shaped pond with the iconic statue of Swamiji as the focal element. The stepped seating around the pond makes it a serene meditative place.

Around this are arranged, in two concentric circles, buildings predominantly in square modules connected through shaded corridors and interspersed with courtyards and flanked by two concentric pedestrian walkways. So, all the buildings are oriented to the centre lotus court with Swamiji statue.

The spaces in between the buildings are filled with native trees, fragrant gardens and herbal plants.

Vehicular circulation is kept at the periphery, leaving the entire campus predominantly pedestrian.

The North Eastern corner of the site is allocated to the Homam place.

The large well at the North Western side has been worked out as a stepped well with healing gardens around.

The South Western corner is the place for Doctorji along with V.V.I.P. block.

The South Eastern corner is for all the service utilities.



Sustainability

The entire design of the complex – the architecture and the landscape has been conceived with sustainability as the basis, using all the natural materials – like granite, Mangalore tile, bamboos, brick, laterite etc.



Facilities

Outer Circle

1. ADMISSION BLOCK, OUT PATIENT BLOCK & YOGA STUDIO (4681.87 sqft)
2. RESEARCH BLOCK (3771.70 sqft)
3. RECREATIONAL BLOCK (swimming pool and multipurpose hall) (2015.06 sqft)

4. ACCOMMODATION BLOCK WITH COTTAGES OF TOTAL 108 BEDS (7697.50 sqft) (8201.09 sqft)

Inner Circle

1. SWAMI VIVEKANANDA STATUE AT THE CENTRE
2. MEDITATION BLOCK (1869.79 sqft)
3. TREATMENT BLOCK (4030.12 sqft)
4. YOGA BLOCK (5788.30 sqft)
5. DINING BLOCK (4470.86 sqft)
6. IN PATIENT BLOCK (1717.60 sqft)

Total cost of the project

- Around ₹ 20 crores
- Total surface area about 50,000 sqft
- Cost per square foot ₹ 5000/-